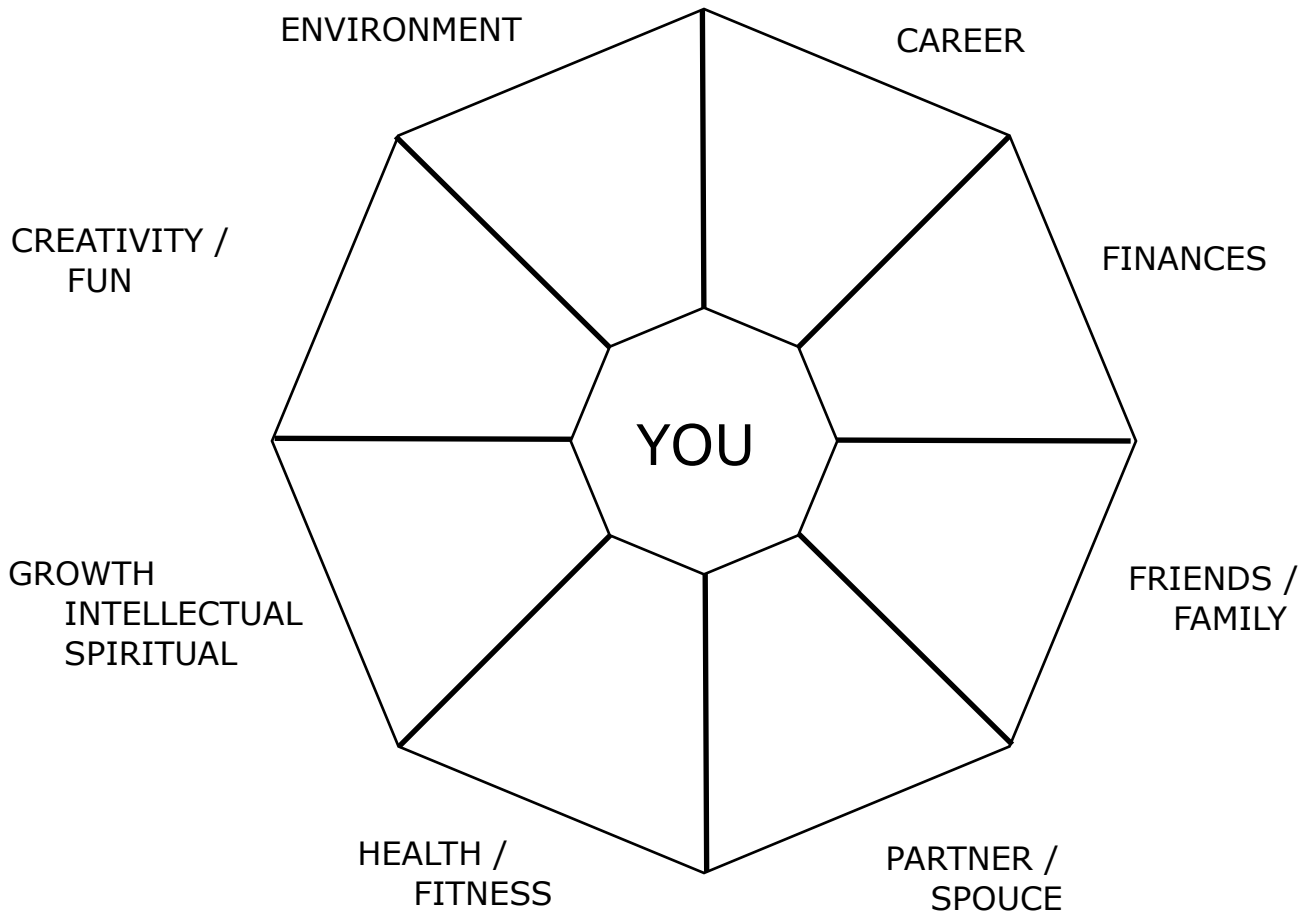


BALANCE



DATE: ___ / ___ / ___

The eight sections in the Wheel represent balance in your life.

Seeing the center of the wheel as YOU, and the outer circle a reflection of where YOU are. The INNER edges of the outer circle have a value of 0, and you rank the OUTER edges according to your level of satisfaction with each life area by drawing a curved line to create a new outer edge. You might want to add or remove sections. Your life values might be a bit different from the above wheel. Feel free to modify the wheel in a way that suits you.

The new perimeter represents the wheel of your life. If this were a real wheel, how bumpy would the ride be?