

# ***JUST HOW BALANCED IS YOUR LIFE?***

Many people like to think that they'll find balance AFTER they find success. But in reality, achieving balance IS success.

~ Brian Koslow ~

1 - 10

*Do you love the work you do?*

*Is your financial picture the way you want it?*

*Do you have quality time with your friends and family?*

*Do you have quality time with your spouse or partner?*

*Do you exercise and eat well to maintain good health?*

*Do you meditate or pray daily?*

*Do you have fun on a regular basis?*

*Is your environment pleasing to you?*

*There is no perfect score!*

*If your numbers are all different you may want to explore further!*

**[BALANCE!](#)**

*You may also want a to try a*

[Complementary Coaching Consultation](#)